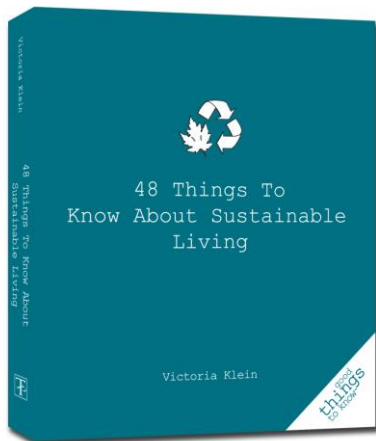




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What it Means to Be Green: How to Take Simple Steps Towards a Sustainable Life



(Nashville, TN) We all know that a greener lifestyle can positively affect the environment, but the nagging question so often is, “Where do I start?”

48 Things To Know About Sustainable Living not only tells you where, but also tells you how and why, proving that it’s both easy and cheap for anyone to become planet-friendly.

In *48 Things*, author Victoria Klein gets down to the basics of taking sustainable steps. First by helping readers weed out *wants* versus *needs*, and then guiding them through simple, smarter choices for everything from food and clothing, to transportation and household appliances, and beyond. With the inclusion of statistics, such as the fact that paper towels create 3,000 tons of waste every day, Klein generates awareness to motivate readers into action and move towards a more sustainable life.

Victoria Klein has written for a number of Web and print publications including GreenOptions.com, LiveNeutral.org, *CRAFT*, and *Yoga Journal*. She is also the author of *27 Things To Know About Yoga* (Turner Publishing) and can be found online at victoriaklein.net.

48 Things To Know About Sustainable Living is part of the *Good Things to Know™* series released under Turner Publishing’s new imprint, Trade Paper Press. The series focuses on simple, pragmatic actions that can have a strong and lasting impact in the lives of readers. Turner Publishing is an award-winning, independent publisher based in Nashville, Tennessee. Imprints include Turner, Trade Paper Press and Iroquois Press. For more information, visit www.turnerpublishing.com.

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48 Things to Know About Sustainable Living

Victoria Klein

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